

DECADE SPEAKER SERIES presents

Terrance Mayes, Ed.D.

Associate Vice Chancellor for Diversity and Inclusion
Susan and Henry Samueli College of Health Sciences
University of California, Irvine



Terrance Mayes is Associate Vice Chancellor for Diversity and Inclusion and Chief Diversity Officer for UCI Health. His engagement in higher education includes such roles as Associate Dean for the Office of Graduate Education and Diversity at Stanford University School of Medicine, and Director for Diversity and Student Life at the Jacobs School of Engineering at the University of California, San Diego. He is a member of the Association of American Medical Colleges' Steering Committee on Graduate Research, Education, and Training, as well as a co-investigator with Professor Ellena Peterson on a project focused on bridging the gap between Medical Education and Nursing Education, and the LGBT+ Community. The project is one of eight funded by a UCI Provost's Initiative on Understanding and Engaging with Extremism.

WELLNESS MATTERS: CULTIVATING A CULTURE OF WELLNESS AND RESILIENCE AMONG GRADUATE STUDENTS

Higher education institutions around the country are grappling with ways to address the apparent mental health crisis facing graduate education. A recent study revealed that graduate students are more than six times as likely to experience depression and anxiety as compared to the general population. Other studies have shown that women, minorities, and transgender/gender non-conforming individuals are most vulnerable to declining mental health and well-being during graduate training. Combating this rapidly growing crisis on college and university campuses requires an 'all-hands on deck' approach. This discussion will explore some of the promising practices towards building a culture of wellness and resilience among graduate and professional degree students in all academic disciplines.

TUESDAY, FEBRUARY 26TH 10:30AM
LOCATION: GRADUATE RESOURCE CENTER
RSVP AT: DECADE@uci.edu



QUESTIONS?
Email: DECADE@uci.edu

